

Addiction & Mental Health

Up to 10 hours (approx.)

Overview: 5.7

Learn about health issues associated with gambling by young people. Create a detailed documentary based on the signs of addictive behaviour and the problems associated with it. Share this with an appropriate audience.

Learning Objectives: Sharing important information on gambling addiction and mental health problems

- To understand the wider issues surrounding gambling addiction.
- To learn about co-morbidities and other implications of gambling addiction.
- To understand the national implications on health and well-being caused by gambling addiction.
- To use the documentary format to share important information.

Learning Outcomes

1. I can explain the wider implications of gambling addiction.
2. I can describe other effects of gambling addiction, as well as consequences.
3. I can explain the dangers to health and well-being caused by addictive gambling.
4. I can use film to convey important information to a chosen audience.

Resources

1. Power-point presentation on 'Addiction & Mental Health'.
2. Infographic on 'Addiction & Mental Health'.
3. Downloadable information sheets with facts and figures.
4. 'Gambling Addiction' guidance notes and downloadable support materials.

Addiction & Mental Health

Starter

(30 minutes)

Making a documentary.

Explain the key aspects of making a sustained documentary about gambling addiction. This should include issues such as safeguarding, correct data and research materials, sensitivity, public interest, bias, objectivity and producing something of worth. It is important that students are in possession of the necessary skills and equipment for them to fulfil this task.

Main Activity

(up to 9 hours)

Planning a shooting schedule

Given that this activity should sustain over several sessions, it is best to divide it into clear sections as shown below:

- Identifying of groups, including role & responsibilities, and key objectives.
- Producing a 'Plan of Action'.
- Script and storyboarding Sessions.
- Group meetings and updates.
- Filming Schedule.
- Editing and final production session.

Students should also be clear about permissions, protocols, health & safety and other centre policies.

At the end of the project a film festival or awareness event could be held to show all or the best resulting documentaries.

Findings from the discussion should be recorded in an appropriate format and shared. Students can use the skills sheet for 'Learning & Sharing' as appropriate. Students should use the appropriate skills sheet and complete the preparation and review sections to support this activity fully.

Plenary

(30 minutes)

What have we learned?

A review of changes that were made, aspects of working together and improvements for future occasions can be discussed and recorded in an appropriate manner.

Extension Task

Seek for external funding or backing to produce a 'professional film' for another organisation outside your own centre.